## Coaches Team Pricing



Back Room: 2 retractable cages workout area

**Front Room**: 3 retractable cages

And Origins.	Room Rental				
	1 Hour (Prices are priced per week)				
	Less than 6 weeks	6 Weeks or more*			
Back Room	\$125.00	\$110.00			
Front Room	\$140.00	\$125.00			
1	1/2 Hours (Prices are priced per w	veek)			
Back Room	\$185.00	\$165.00			
Front Room	\$200.00	\$185.00			
	2 Hours (Prices are priced per we	eek)			
Back Room	\$240.00	\$215.00			
Front Room	\$270.00	\$240.00			
	Cages				
½ Hour	\$25.00	-			
1 Hour	\$45.00	\$40.00			
2 Cages 1 Hour	\$90.00	\$80.00			
2 Cages 1 ½ Hour	\$130.00	\$125.00			

Add a TRSA Instructor			
Price per Instructor	1 Hour	1.5 Hours	2 Hours
TRSA Baseball or Softball	\$50.00	1 <sup>st</sup> - \$70	1 <sup>st</sup> - \$100
Willie Banks	Willie - <b>\$90</b>   Other Add <b>\$50</b>	\$130   Other Add \$70	\$165.00  OtherAdd \$100

## Add Speed & Agility/Strengthening & Conditioning to your Winter Workouts

Split into groups, with ½ working in the cages and the other ½ working out in the gym. Half way through the session players switch between the cages and gym.

Hour Workout	1 1/2 Hour Workout
\$10.00/Player	\$15.00/Player

Ask about our workout programs without cage rentals or visit www.a1prospects.net

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<sup>\*</sup> For 6 consecutive weeks or more, ½ due at registration to guarantee the space and remaining balance due by 2nd week of the 6 weeks sessions.